



2024



Annual Impact Report 2024

www.harmanfoundation.org.au

Creating Hope, Empowering Lives



HER House



24/7 Multicultural
DV Helpline



Hope Multicultural
Hub



Acknowledgement of Country

Harman Foundation acknowledges the Dharug people as the original custodians of the land on which our facilities are built and we extend this to all Aboriginal and Torres Strait Islander people. We pay our respects to their Elders past and present, acknowledging them as the traditional custodians of Country and recognising their enduring connection to land and cultural knowledge.



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Letter From The Chairman



Maninder Singh

Chairman & Co-Founder

I pen down this note with a feeling of pride and immense gratitude reflecting on another year of success for the team at Harman Foundation. Success not just in the conventional terms, but success in seeing women and children rebuild their lives at the HER House, our senior community feeling empowered and cared for through the Care Buddies program, and numerous families accessing food and other essential services through our multicultural service point – the HOPE Hub.

Our collective efforts have resulted in real outcomes for people including 15 women and 5 children provided safe accommodation, 3500+ crisis calls handled, 500 families supported, and much more. We have highlighted key results under each project in the report.

Furthermore, it is with great honour we report that since inception in 2013, our relentless work has resulted in a total contribution of \$9.87 million, comprising \$1.62 million in expenses and the equivalent of \$8.25 million in human hours to the Australian economy. This reflects our commitment to maximising our resources and expanding our impact to create hope in the multicultural communities.

Additionally, last year was a remarkable year for our CEO & Co-Founder, Harinder Kaur, who was recognised with two distinguished honours for her impressive work and passion to help women, children and families. She was awarded the Medal of the Order of Australia and the Australian Sikh Woman of the Year.

An update on diversifying our programs, one of our latest projects the Thrift Factory, which is a pop store for pre-loved evening wear and fashion items, is gaining popularity. The funds raised through the sales are directed towards delivering and expanding our Women Empowerment Workshop which provides seven subject matter expert coaching on key topics including finances, visa paperwork, vocational and career pathways, and more, to women rebuilding their lives.

The impact we make wouldn't be possible without our donors, sponsors, volunteers, and supporters. Their contribution and long-term commitment enable us to deliver these much-needed services to our communities. Our team is deeply grateful for your generous giving, be it donations, skills or time. All this combined results in change making to make our communities safer, stronger and more resilient.

Special Thanks: I express sincere appreciation to our major stakeholders and donors, including the Perera Foundation, IMG Bank Community Foundation, Workers Blacktown, Saaya Touching Lives, Sachdev Foundation, AIMGA, and our esteemed business sponsors and private donors. Their contributions have formed the cornerstone of our funding this year, enabling us to extend our reach and impact in the community.

Year on year we grow and amplify our action to create more hope and empower more lives. Thank you for believing in the work we do and supporting the mission of the Harman Foundation.



Message From The CEO



Harinder Kaur OAM

CEO & Co-Founder

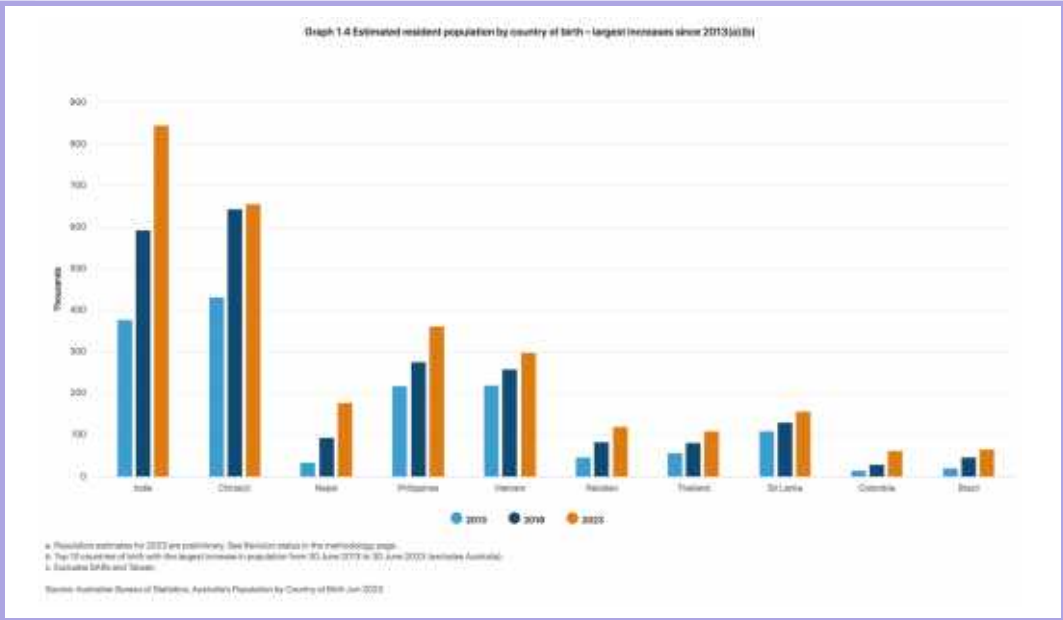
On behalf of the Board of Directors, I am honoured to present the Harman Foundation's (HF) Annual Impact Report along with the Financial Report for the fiscal year ending in June 2024.

We are proud to share that FY24 has been a strong year for us both financially and progressing our projects. In FY24, our total trading income was \$359,240.78 and our total operating expenses were \$270,490.72, giving us

a surplus of \$88,930.06. Considering we had reported a net loss of \$39,074.12 for 2023 fiscal year, it was incredibly vital for us to have a stronger financial base in 2024. The HF team is eternally grateful to our sponsors who have continued to believe in our mission and support us through tough times.

HF encountered specific challenges during COVID including a spike in enquires and limitations of resources. Post-COVID the challenges transformed to re-establishing community services and transitioning programs back to in-person models. Now we find ourselves in an environment of global polycrisis, including steep cost of living, low economic confidence, and widening social gaps, exacerbated by geopolitical tensions and climate change. The multicultural communities' needs are evolving and require more attention than before especially since the largest increase in Australia's population in the last ten years is immigration from India as highlighted by the Australian Bureau of Statistics.





In addition to the issues highlighted above, some persistent challenges that organisations such as ours face include lack of institutional funding, gaps in current infrastructure and systems to grow our presence to meet existing needs, heavy dependence on volunteers resulting in higher attrition and hence, more need to retrain and retain knowledge, and lastly, a shortage of professional skill set at the strategic level to expand our thought leadership.

Despite the challenges our team tackles continually, we run our operations with utmost professionalism and are committed to delivering the highest quality of services to our clients. All our team members and dedicated volunteers are values driven and work with the purpose to find individualised solutions. Every dollar goes into giving the best service possible to every client that comes into our system.

Our 200+ volunteers are the backbone of our operations for the past 12 years. Their commitment and resilience have enabled us to continue making a significant impact on the community, setting us apart from others in the sector.

The HOPE Hub and the Thrift Factory, two of our latest initiatives have done well in the last year. Both projects have expanded their impact footprint, and the senior leadership has taken the decision to further invest in the Thrift Factory to drive sustainable operations. We are able to generate enough funds to host some empowerment workshops. By furthering this revenue stream, we believe we can expand our empowerment sessions to a lot more women in the community.

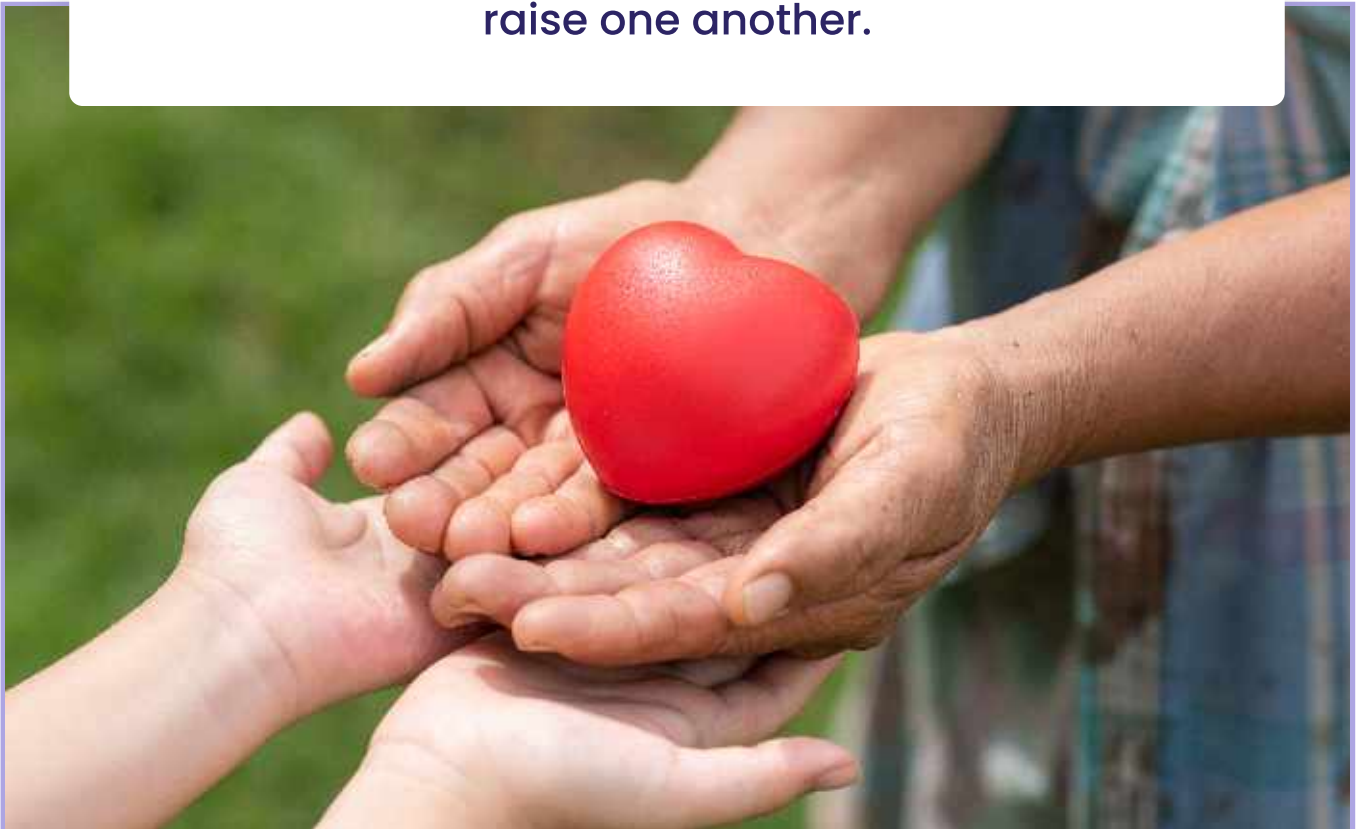
Some other areas that still remain high priority for the Board and will continue to be our focus in FY25 include strengthening the leadership, further streamlining services and improving alignment with governmental policies and focus areas, building our presence and marketing, and working strategically to secure more government funding.

The HF team is well placed to deliver services needed by the South Asian multicultural communities of Australia, specifically NSW. We have the sector specific knowledge, on the ground experience, well-trained volunteers, well established projects, and most importantly, the passion to make it better – to keep creating hope and empowering lives. With the right financial support, we can expand our presence and grow our capacity to support more women and children seeking refuge, seniors wanting companionship and engagement, and families looking for support.

The HER House, our 24/7 helpline, and the HOPE Hub are our flagship projects that are in need of a funding boost to operate effectively. We will continue to focus on these projects and keep working towards redirecting more funds in these projects. The HF team is cognisant of building operations that have capacity to self-sustain and we will continue to work on this in the coming years.

In conclusion, we are confident to build a stronger system and operations even in these challenging times. We are immensely grateful to each individual, government entity and businesses that have supported us. Above all, we are deeply indebted to the amazing work, empathy and sincerity practised by all our remarkable volunteers and academic partners. We thank you all for your being a part of Harman Foundation. Finally, to all our clients, we promise to keep trying to build a better world – to garner connection, to create hope, and to empower, so you can live your life to the fullest.

**We are each other's village, and we must
raise one another.**



Remembering Surpreet Singh



A caring and devoted son, a loving and exemplary elder brother, a dependable friend, a community hero, and Harman Foundation's Director & Technology Lead.

12.01.1986 – 23.11.2024

A beautiful light dimmed too soon

Harman Foundation team is heartbroken to share the news of Surpreet Singh's passing. An unfortunate tragedy on 23 November 2024, took his beautiful soul away from us forever. Our deepest condolences to his family, friends and the community mourning this incredible

loss. For the Harman Foundation team, his loss has left a void that no one else can fill.

Surpreet was an integral part of our team and operations. He joined the Harman Foundation team in 2015 and very quickly earned the title of the most reliable team member. His warm smile, can-do approach, and sincere work ethic made him the crowd favourite. He was the person everyone liked going to get help or find solutions, and he would always offer his time and attention so generously.

As our Technology Lead, he was entrusted with the responsibility of setting up our complete technological infrastructure, including setting up the 24*7 domestic violence helpline that serves countless people each and every day. Surpreet not only delivered but went above and beyond to build and improve functionality of our tech system, so we can offer better services to our clients. Thanks to his contribution, our services continue to flourish.





A man who wore many hats – Surpreet took on many roles at both operational and our events. On top of his technology duties, he developed multiple training modules for our volunteers and new joiners to understand and utilise our systems, he was also a project manager for tech adjacent work and managed external consultants, project timelines and budgets, and we can't imagine naming the variety of hands-on tasks he took on at our events. One of our most active participants, he was present at almost every event we hosted. At the annual fundraiser, Surpreet was the most calming influences. Hence, it's not a surprise how efficiently he managed the backstage, which is a complex environment with multiple elements to be managed – and he did it flawlessly. His uplifting presence will continued to be missed at all our future events.

A remarkable human being overall. His personal journey is an example to all of us. At a young age he lost his father, being the elder son and elder brother, he took on the role to support his family financially and contributing to the day-to-day duties of the household. Surpreet devoted himself to the wellbeing of his mother and younger brother. He was resilient, positive and had the ability to make everyone feel special. Members of the community fondly remember their interactions with him and how he left each one feeling lighter and brighter.

The Harman Foundation team is eternally grateful for Surpreet's contribution. We are thankful for his selfless service for the Foundation and his care and dedication in every task he took on. The tech systems he created for the organisation will continue to benefit many clients in the years to come and make us feel his presence. As a gesture of our love for Surpreet, and to honour his hard work for the Foundation, we are announcing an Information Technology award for a student who has demonstrated exceptional achievement in the field studying at the Homebush Boys High School,

where Surpreet Singh studied. Valued at \$500, this award will support the student winner to buy gadgets or equipment to help build their resources. Through this initiative we want to keep Surpreet's legacy going.

Surpreet was a true Harman Foundation's mission champion – he embodied the value of families supporting families. We hope we are able to carry his light and share it with all who come in contact with the Foundation. And each day as we, the leadership team, case manager, and hundreds of volunteers, log into his system, will have his hand in the impact we continue to make.

We miss you every day, Surpreet. May your soul rest in peace and in the protection of Waheguru.

Harman Foundation Team



Our Purpose

Harman Foundation’s purpose is to create hope and empower lives.

Snapshot of our impact since inception



Founded in 2013, we are regarded as the expert support service provider for women and their children seeking refuge from domestic, sexual, and family violence, and for addressing distinctive issues faced by the wider South Asian Communities. So far, we’ve uplifted the lives of over 2000+ families including 100 women and 22 children through our refuge, HER House.

Our Team

Our team comprises over 200 dedicated volunteers, including Board of Directors, Professional Operational Coordinator, Case Manager, Helpline Coordinators, Executive Leads, Consultants and Advisors.



Our Services



HER House

A refuge house for women and their children seeking protection from Domestic, family and sexual violence.



24/7 Multicultural DV Helpline

A DV support helpline for multicultural community.



HOPE Multicultural Hub

Supporting the needs of the multicultural community.



Care Buddies Senior Empowerment

Program focuses on creating a supportive community among seniors through connection.



Chaplaincy and Bereavement

Support for families during significant life events such as illness, injury, and death.



Secondly Yours

Project empowers women through pre-loved clothes and other essential household items pop-up stores



Women's Empowerment Program

Offers skill development, counselling and support through workshop series.



Kids4kids Youth Empowerment Program

Focused on leadership skill building in children and youth.



Fancy a Cuppa

Project fosters community bonding and mental well-being by offering coffee and connection.



Community Food Service

Providing food to the needy and giving away food hampers. Established a dedicated Community Food Pantry



Counselling

Triage counselling service for emotional and spiritual support.

2024 Highlights

- ✓ 2024 Annual Fundraiser Gala held on 10 May, at Blacktown Workers, attended by over 300 people and representation from community leaders, local officials and social changemakers.
- ✓ 'Dress to Thrive' event held in collaboration with Women in Business, to raise awareness about pre-loved clothing and generating funds for the HER House.
- ✓ Dancing Divas - Pledge to Say No to Domestic, Family and Sexual Violence' event hosted in collaboration with Dr Kanan Shaw and the NIPA- Nartan Institute of Performing Arts.
- ✓ Care Buddies Senior Empowerment Program held 26 events through the year covering fitness, yoga, expert talks, fun activities and more for the multicultural senior community of Western Sydney.
- ✓ Kids4Kids Youth Empowerment Program held 2 major events including a beautiful Diwali event driving cultural exchanges and awareness and driving youth leadership within the children and teens from multicultural communities.



Our CEO & Co-Founder's Achievements

2024 has been an exceptional year for our CEO, Harinder Kaur OAM. She was recognised with two honours for her passion and dedication to uplift and empower women coming out of domestic, family and sexual violence.

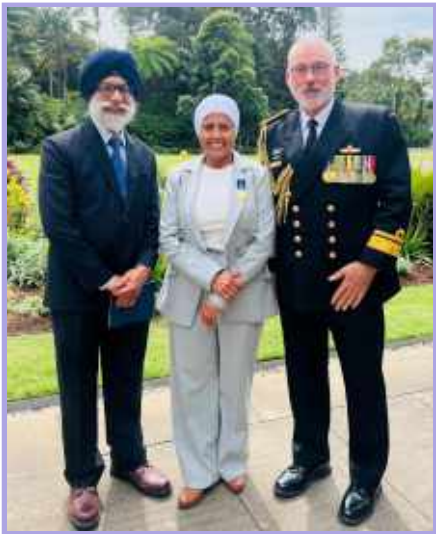
Harinder Kaur OAM – King's Birthday Honours 2024

We are proud to share that our Founder and CEO, Harinder Kaur, was awarded the Medal of the Order of Australia (OAM) in the 2024 King's Birthday Honours for over 30 years of exceptional service to the community. Although announced in June, the official ceremony took place on September 24, 2024, at Government House, Sydney, where the medal was presented by Her Excellency Margaret Beazley, Governor of NSW. Harinder has made a profound impact through her work in domestic and family violence, mental health, and multicultural support services. The Harman Foundation, co-founded in memory of her late son Harman Preet Singh, continues to empower CALD communities. Harinder extends heartfelt thanks to Guruji, her husband and children, extended family and friends, the NSW Department of Communities and Justice, and her incredible team at Harman Foundation. She emphasises that this recognition is a true reflection of our collective efforts to bring positive change.

Australian Sikh Woman of the Year 2024 – Harinder Kaur OAM

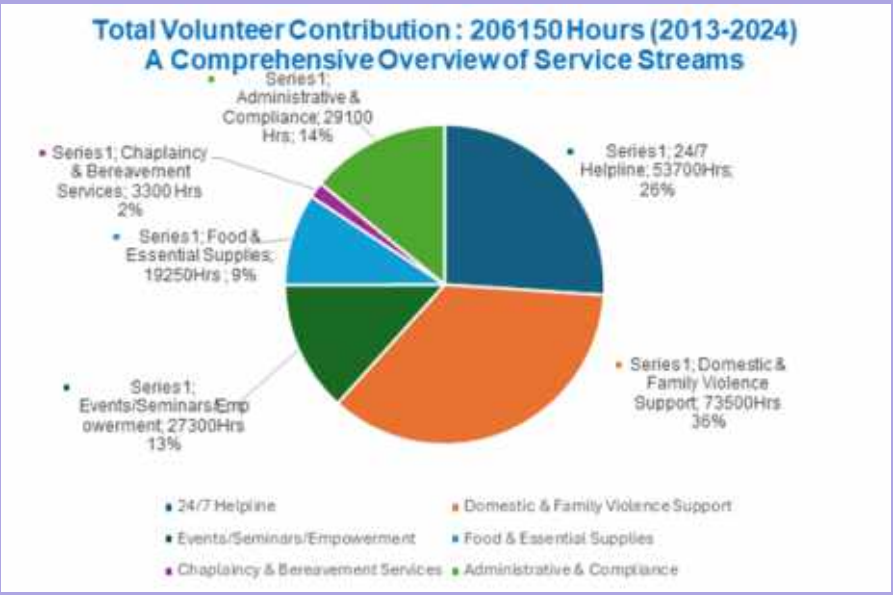
We are honoured to share that our CEO & Co-founder, Harinder Kaur OAM, was awarded the title of Australian Sikh Woman of the Year 2024 on September 23, 2024, at the Shangri-La Hotel, Sydney. The award was presented during a prestigious ceremony organised by the Australian Sikh Awards for Excellence, an initiative of Sikh Youth Australia and the Young Sikh Professionals Network. This recognition celebrates Harinder's unwavering commitment to empowering vulnerable communities, particularly in areas of domestic violence, chaplaincy, bereavement support, and social inclusion. Due to illness, the award was gratefully received on her behalf by her husband Maninder Singh and daughter Nikki Singh. This honour reflects not only her individual dedication but also the collective efforts of the Harman Foundation team and its supporters.

Our CEO & Co-Founder's Achievements

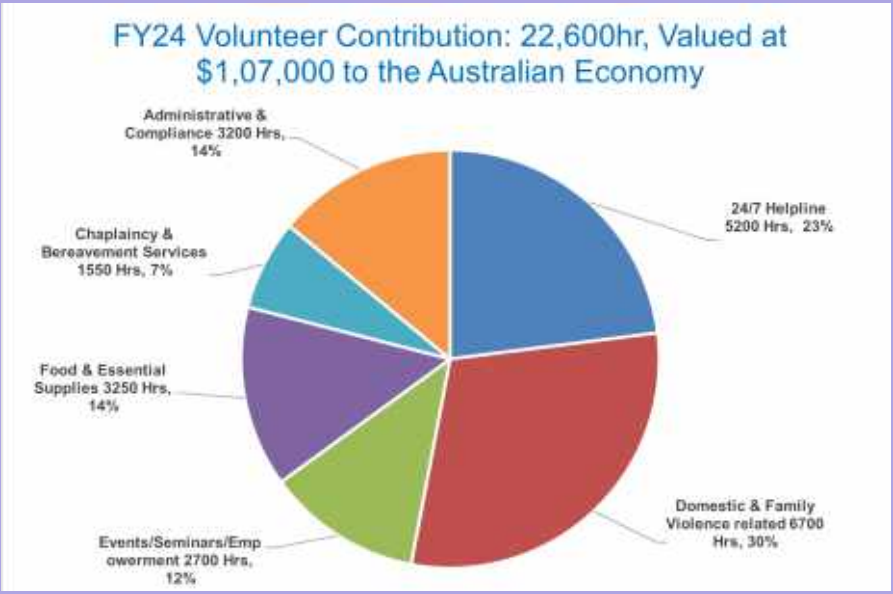


Harman Foundation’s Contribution to the Australian Economy 2013–2024

Our combined efforts have resulted in a total contribution of \$9.87 million, comprising \$1.62 million in expenses and the equivalent of \$8.25 million in hours contributed to the Australian economy. This reflects our unwavering commitment to utilizing community involvement to maximize impact and foster societal growth.



Overview of Services and Impact FY2024



Key Initiatives

- HOPE Multicultural Service Hub

Established in February 2022 at 17 Balmoral Street, Blacktown NSW 2148, the HOPE Multicultural Service Hub has become a central resource for diverse community services, providing culturally responsive support, referrals, and empowerment programs since Jan 2022.



H



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P



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- HER House

Harman Foundation Empowerment & Refuge Providing safe shelter and support to women and children escaping domestic violence since 2016.

Impact (2023-2024):

- ✓ 15 women and 5 children provided safe accommodation.
- ✓ 8 women successfully transitioned to independent/shared housing.
- ✓ 5 women and their children continue receiving ongoing support.
- ✓ Total Rescued Since 2016: 100 and 22 children

- 24/7 Multicultural DV Helpline (1800116675)

A culturally responsive crisis helpline offering immediate support, particularly to CALD communities.

Impact (2023-2024):

- ✓ Over 3,500 crisis calls handled.
- ✓ 8,500 volunteer hours contributed.
- ✓ 30+ trained volunteers providing support.

Key Initiatives

- Domestic, Family, and Sexual Violence Support

Providing case management, counselling, and intervention services for survivors.

Impact (2023-2024):

- ✓ 500 families supported.
- ✓ 6,800 volunteer hours dedicated to case management and survivor advocacy.

- Financial Assistance Program

Helping individuals in crisis with emergency grocery vouchers and essential aid.

Impact (2023-2024):

- ✓ 350 individuals received financial support via food vouchers, food hampers, in kind donations and through fundraising.

- Food Service & Essentials Distribution

Addressing food insecurity through hampers and essential supplies.

Impact (2023-2024):

- ✓ 2,000+ individuals assisted.
- ✓ 5,000 food hampers distributed, valued at \$45,000.

- Chaplaincy and Bereavement Support

Providing spiritual and emotional care in hospitals, prisons, and for grieving families.

Impact (2023-2024):

- ✓ 500+ individuals supported.
- ✓ 1550 volunteer hours dedicated.

Key Initiatives

- Awareness & Prevention Programs

Conducting educational seminars and workshops on crucial social issues.

Impact (2023-2024):

- ✓ 50 events held.
- ✓ 2,000+ participants engaged.

- Women's Empowerment Program

Empowering women through skill development, counselling, and leadership training.

Impact:

- ✓ 7 workshops conducted to foster self-reliance and confidence.

- Care Buddies Senior Empowerment Program

Creating opportunities for seniors to stay active and socially connected.

Impact:

- ✓ 26 fortnightly community events conducted.

- Kids4Kids Youth Empowerment Program

Helping children develop leadership and life skills, building respectful relations and participating in cultural celebrations.

Impact:

- ✓ 750+ children participated in leadership programs.
- ✓ 2 major youth events conducted.

- Community Food Pantry & Library

Ensuring access to nutritious food and educational resources.

Impact:

- ✓ 20,000+ individuals benefited.

Key Initiatives

- Thrift Factory – Sustainable Fashion Initiative

A social enterprise promoting sustainable fashion and affordability.

Impact (2023–2024):

- ✓ Gross \$2,500 revenue generated.
- ✓ Winner of the ZEST Award for Outstanding Project in Climate & Environmental Resilience.

- Fancy a Cuppa Project

Strengthening social connections and mental well-being through shared conversations.

Impact:

- ✓ 1,500+ cups of coffee/tea distributed.

- University Student Placement Program

Offering practical training for students in social work, psychology, and community services.

Impact:

- ✓ 75 university students engaged in real-world experience.
- ✓ Provided hands-on mentorship and client interaction opportunities.

- Donations Given Out

Ten thousand of food hampers, clothing, and essential supplies were distributed. The Harman Foundation is committed to giving back to the community, ensuring individuals and families receive essential support in times of crisis.

Impact (2023–2024):

Over the past year, the Harman Foundation supported 30 families facing crisis due to the loss of a loved one. We helped raise a total of \$115,000, which was donated directly into the families' own bank accounts—not through the Foundation's account. In addition to coordinating community fundraising efforts, we assisted with funeral arrangements and offered emotional support during their time of grief. This compassionate outreach reflects our mission to stand beside those in need and ensure no family feels alone during life's most difficult moments.

Key Initiatives

It is noteworthy that a generous \$17,517 was contributed in cash donations, while in-kind donations were valued at over \$250,000 during the financial year. These contributions have been instrumental in sustaining our mission and expanding our community initiatives.

Through these initiatives, Harman Foundation continues to foster resilience, empowerment, and dignity, ensuring individuals and families receive the support and resources they need to rebuild their lives.



Awards & Recognitions FY 2023–24

Since its inception, Harman Foundation and its leadership team, including Harinder Kaur OAM, Maninder Singh, and our dedicated volunteers, have proudly received around 40+ prestigious awards and recognitions. These honours reflect our commitment to community service, social justice, advocacy against domestic violence, multicultural support, and grassroots leadership.

- ✓ King's Award: Order of Australia Medal (OAM) – Harinder Kaur (2024)
- ✓ Australian Sikh Woman of the Year – Harinder Kaur (2024)
- ✓ ZEST Award – ZEST Award for Outstanding Project Climate and Environmental Resilience-Recognizing Thrift Factory Project (2024)
- ✓ Acknowledgement at Art of Living's 'Soak in Bliss' Event – Maninder Singh (2024)
- ✓ IMB Bank Community Foundation Major Partner Award (2022–2024)
- ✓ Human Rights Community Service Award – Human Achievers Foundation of India
- ✓ NSW Public Service Commission Diversity and Inclusion Recognition – Harinder Kaur (Multiple Years)
- ✓ Certificate of Appreciation – Blacktown City Council (Multiple Years)
- ✓ Recognition by Parklea Correctional Centre – Maninder Singh & Harman Foundation Team (2024)
- ✓ Community Excellence Award – Davinder Sethi (2024)
- ✓ Finalist – Sikh Youth Australia (SYA) Woman of the Year – Harinder Kaur (2024)

Letters of Recognition



Connect • Create • Celebrate

File number: C25/16067

25 March 2025

Ms Harinder Kaur OAM
Co-Founder
Harman Foundation
By email: contactus@harmanfoundation.org.au

Dear Mrs Kaur OAM

Letter of appreciation and congratulations

As your annual dinner and fundraising event approaches, I wish to express, on behalf of Blacktown City, my deepest appreciation and congratulations on another remarkable year of service and contribution to our community.

Under your leadership over the past 12 years, alongside Maninder, the Harman Foundation has established itself as a cornerstone in providing vital social and domestic violence support services across our city. Your selflessness, dedication, and credibility have earned the respect of your peers, who have embraced your collaborative approach to delivering an extensive range of services for diverse community groups, youth, parents, women, seniors, and those facing immense challenges.

The continued growth of the Harman Foundation and its expanding services have had a profound impact, directly and indirectly enriching the lives of countless residents. From addressing crises such as domestic violence, bereavement, and poverty, to offering social programs for families, seniors, and individuals living with disabilities, your vision and commitment to improving the welfare of others have profoundly elevated the well-being of our city.

On this significant anniversary, I commend your outstanding contributions and look forward to many more years of partnership in building a stronger, more compassionate community.

If you would like any further information on this matter please contact our Manager Community, Michael Maxwell on 9839 6054.

Yours sincerely

Councillor Brad Bunting
Mayor

Mayor of Blacktown • Councillor Brad Bunting • PO Box 63, Blacktown NSW 2148

02 9839 6504 mayor@blacktown.nsw.gov.au Mayor of Blacktown

Letters of Recognition



Hugh McDermott MP
STATE MEMBER FOR PROSPECT

Harman Foundation – 2024 Annual Report

It brings me great pleasure to join our local Western Sydney community for the release of the Harman Foundation's 2024 Annual Report at their 12th Annual Fundraising Event on 11th May 2025.

Founded in 2013, the Harman Foundation is a conscientious, giving and driven community organisation that supports our multicultural community and offers culturally-sensitive support services to those in need, in the Prospect Electorate and across Western Sydney.

The noble aim of the Harman Foundation is to alleviate the very real human suffering in our multicultural community resulting from grief caused by trauma and loss, including separation, incarceration, sickness and disability, marital and relationship breakdown, suicidal ideation and poverty.

In their selflessness, Harman Foundation Co-founders Harinder Kaur OAM and Maninder Singh have taken their personal experience of loss and brought comfort to people all around us, who live and work in our community and who are in need.

Throughout the last decade, I have been immensely proud to see the Harman Foundation's range of services develop year on year. These services include a dedicated Telephone Crisis Line with counsellors, to direct peer support with trained volunteers, to bereavement and family support services that build harmony and resilience, through to seniors and disability support services frameworks that help enable independence and confidence in people from all walks of life.

My heartfelt congratulations go out to Harinder and Maninder, as well as to all Directors, contributors and volunteers at the Harman Foundation on another year full of accomplishment and success.

Yours sincerely,

Dr Hugh McDermott MP
Parliamentary Secretary to the Attorney General
State Member for Prospect

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Phone: (02) 9756 4766 | Fax: 02 9756 1544 | Email: prospect@parliament.nsw.gov.au

Letters of Recognition



Councillor Lisa Lake
MAYOR



10 September 2024

Message from the Mayor Cumberland Council
The Harman Foundation 3rd Edition E-Book

Congratulations to the Harman Foundation for your wonderful initiatives that are continually helping, supporting and touching lives of so many within our community.

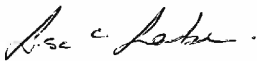
Within this book are remarkable stories and life journeys of citizens who have made significant contributions to the community.

There is a tremendous amount of work to be done in the community to make our surroundings a better place, and I encourage everyone who can to pitch in and help where possible.

The Harman Foundation selflessly dedicates their time supporting vulnerable communities and families in times of distress and loss. I commend you for your hard work supporting and organising many great programs for everyone.

I look forward to your continued success.

Warm Regards



Clr Lisa Lake
Mayor

Mayor Lisa Lake | Councillor - Wentworthville Ward | Cumberland City Council
16 Memorial Avenue, PO Box 42, Merrylands NSW 2160
T 8757 9856 M 0418 669 681 E Lisa.Lake@cumberland.nsw.gov.au

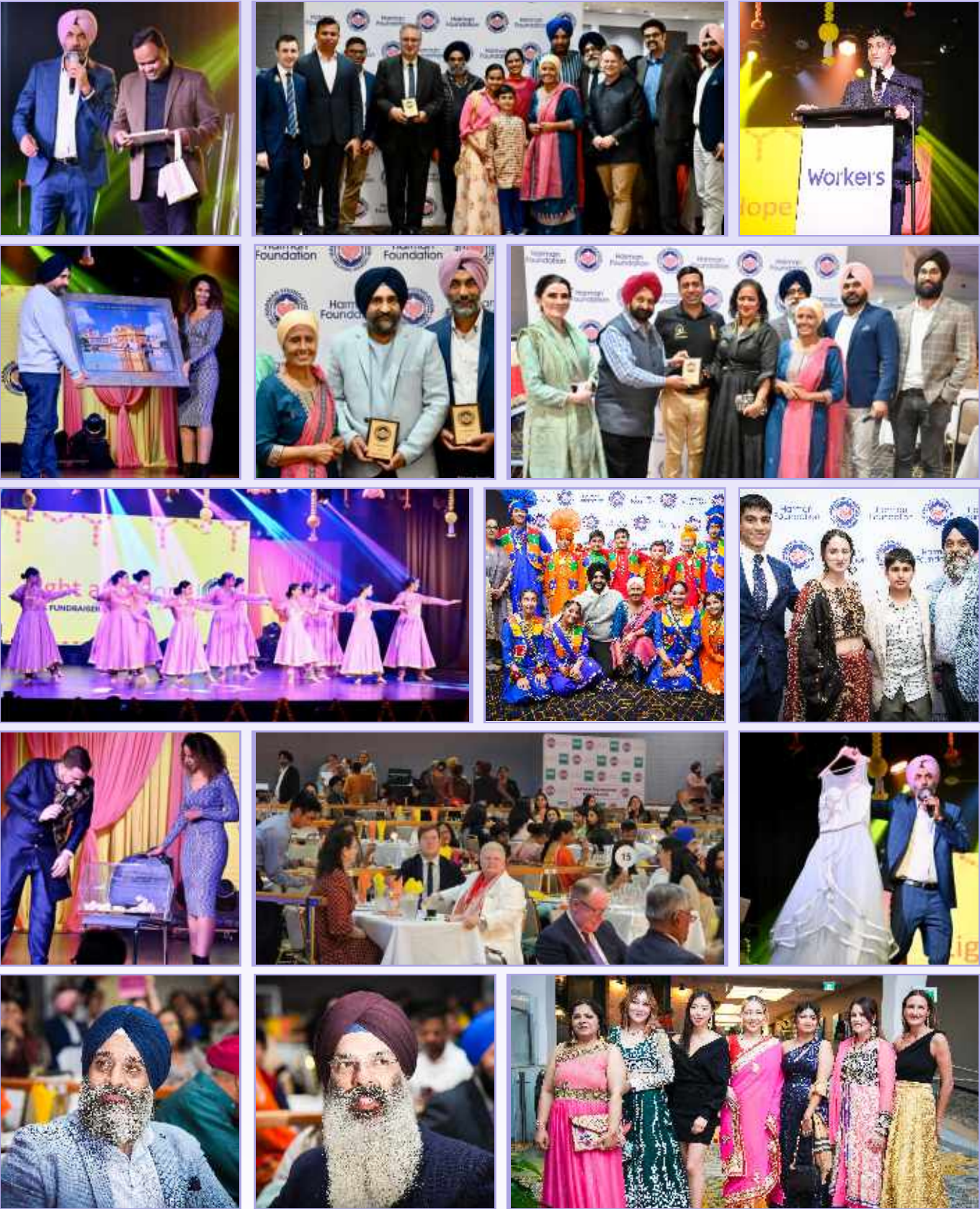
Key Engagements



Annual Fundraiser 2024



Annual Fundraiser 2024



Memorable Moments



Media Coverage & Features

Harman Foundation, Harinder Kaur OAM, and Maninder Singh have been featured extensively in local, national, and international media outlets, raising awareness about domestic violence, community service, and multicultural inclusion.



Channel 7 News

Highlighting Harman Foundation's food relief programs, domestic violence support services, and cultural initiatives.2024

Channel 9 News

Featuring Harman Foundation's community outreach during the COVID-19 pandemic and ongoing support for multicultural families. 2024

ABC News & ABC Radio

Showcasing Harman Foundation's leadership in training faith leaders to address domestic violence and support CALD communities.2019,2023,2024

SBS Hindi & English

Multiple features on Harinder Kaur's personal journey, Harman Foundation's impact, and calls for cultural awareness in domestic violence prevention.

The Indian Sun

Coverage of Harman Foundation's campaign encouraging men to stand up against domestic violence.

The Sikh Channel (UK)

International recognition for Harman Foundation's community programs and cultural harmony efforts.

Mirage News

Featuring Harman Foundation's Domestic Violence Training for Community and Religious Leaders

Our Team

Board of Directors & Executive Leads



Harinder Kaur OAM
CEO, Co-Founder



Maninder Singh
Chairman, Co-Founder



Ruma Mundi
Honorary Director



Ninder Sindhu
Director



Devender Singh
Director



Sarabjit Singh Paul



Manu Preet Singh



Nikki Harnoor Singh



Gurpreet Randhawa

Advisors & Consultants



Dr Paramjeet Dhillon
Consultant



Kiret Mangar
Accounts Manager



Rav Singh
Community Engagement
Manager



Pavan Bandaru
IT Lead



Amarjot Randhawa
Security



Avinash Kaur
Operations Coordinator
and Community Engagement



Dildeep Singh
Finance



Shubha Ramanathan
Administration Manager



Devinder Sethi
Events & Communications
Manager



Supreet Cheema
Psychologist Consultant



Jaideep Singh
Consultant



Tarveen Kaur
Kids4Kids Coordinator



Jaspreet Singh
Advisor



Pankaj Upadhayay
Digital Media Lead



Jyothi Alambara
Advisor

Our Team



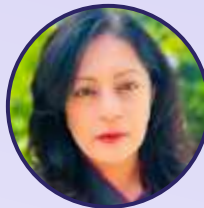
Timsi Marwah
Project Manager



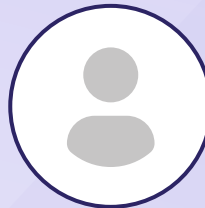
Shakun Narang
Advisor & Manager -
Initiatives and
Community Partnerships



Neha Nagpal
Communications & PR Lead



Sumeet Saigal
Spokesperson



Ananya Bhandari
Young Champion

Our Heroes



Ranjit Khera



Alka Jaggi



Shilpy Jain



Tiya Gorain
Hills Ambassador

Our Chaplains



Maninder Singh
Chairman, Co-Founder



Harinder Kaur OAM
CEO, Co-Founder



Jaswant Singh Pannu



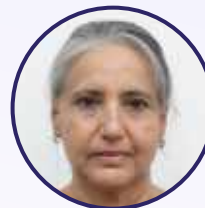
Bhawanjit Singh



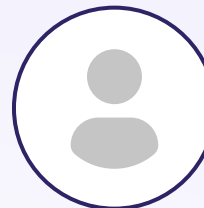
Bhai Sahib Jasbir Singh



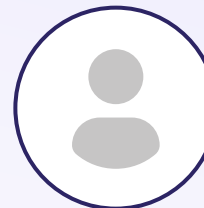
Tara Singh Bambra



Amarjit Saldanha



Gursharan Kaur



Kulwant Kaur

Empowerment Stories

“The Harman Foundation was helpful, and they gave me support through counselling and I was given suggestions about staying focussed and never losing hope. I was facing domestic violence and homelessness and food insecurity. The most helpful part of the support was counselling and connection to the right services. I feel better, Safe, and gathered courage to rebuild life and worry less. I will recommend Harman Foundation because I have achieved the help I needed. They supported me and guided me about my rights.”

Zahra



“I’m a victim of domestic violence, with no job, who had to vacate my house on an urgent basis with not enough time frame which took a toll on my physical & mental health. I could survive the misery of family breakdown, separation, homelessness, social isolation, financial hardship, false allegations, litigation & all kinds of domestic abuse & family violence, only because of the timely support & guidance provided by the Harman Foundation. Harman Foundation embraced me during my crisis & supported me by providing me with emotional & financial support at the need of the hour & redirected me to the right services for my welfare. I’m thankful & grateful to Harman Foundation from the bottom of my heart for providing me all kinds of vital support in the form of handling my case line, providing me emotional support through counselling, financial support by providing EVP voucher, material resources & groceries from time to time. They embraced me, encouraged & empowered me to be strong, resilient & brave to stand up for myself to navigate during this difficult phase of my life. Harman Foundation’s mission is not only to help support the destitute women & victims of domestic violence to survive, to be safe but to further guide them to thrive, progress & rebuild their life by positive reinforcement & running many women’s empowerment programs. I feel supported, belonged, confident & empowered under Harman’s guidance & direction. I would recommend Harman Foundation’s services to others because I felt supported & empowered with their services at the most vulnerable phase of my life. God Bless Harman Foundation abundantly who are the backbone & pillar strength showing right direction, guidance & vital support to the destitute women like me in distress.”

Anita



“The Harman Foundation has been very helpful. They help me to feel that I am still alive, and I do have my self-respect. I was not myself and felt like I am broken. I felt like I don’t want to live anymore. The counselling is also important part of my life. I feel good after receiving the support. Harman foundation case worker helped me by applying for the financial assistance. This money has helped me to get some control back in my life. I recommend Harman Foundation to all the vulnerable women going through any abuse.”

Garima



Empowerment Stories

“Legal Aid connected me with Avinash, and I'm so thankful for all her help. Harman Foundation gave me a place to stay, grocery, counselling, and legal help. Avinash also helped me apply for Medicare and Centrelink. Thanks to her, I got into Cert III at TAFE and was referred to AMEP to improve my English. She also arranged childcare for my daughter so I could focus on my studies. This support has helped me feel more confident and less alone. The counselling was also very helpful, my counsellor listened to me and supported me, and after every session, I felt less stressed and more motivated. Harman Foundation has helped me become stronger, more confident, and independent, while also caring for my mental health. I am grateful for their support.”

Geetanjali



“I am incredibly grateful to Harman Foundation and especially to Avinash, my caseworker, for their unwavering support during my domestic violence case. From the moment I reached out, Avinash showed deep compassion and understanding, making me feel heard and supported. She guided me through the entire legal process, helping me understand my rights and options at every step. Not only did Avinash provide expert advice, but she also ensured I felt empowered and confident in making the decisions that were best for me. Thanks to Harman Foundation and Avinash, I was able to take control of my situation, find the strength to move forward, and ultimately achieve a sense of safety and peace. I truly cannot thank them enough for everything they've done. I highly recommend Harman Foundation and their team, especially Avinash, to anyone in need of support in similar circumstances.”

Tina



“I want to express my sincere gratitude to the Harman Foundation for their incredible support during a challenging time. Their team was not only professional and well-versed in handling my case, but also warm, compassionate, and genuinely caring. They made me feel at ease and confident throughout the entire process, providing clear information and guidance every step of the way. My caseworker, Avinash Kaur, referred me to IARC in the Immigration Department for additional support while making my application, which was invaluable. Her assistance helped me compile all the supporting documentation needed during my communication with IARC.

The unwavering support I have received from the team of the Harman Foundation, both professionally and personally, has helped me find my strength and navigate this journey with renewed hope. I truly appreciate their kindness and the care they extended to me during this phase of my life.”

Sakshe



Empowerment Stories

“It all started over a year ago with my husband's verbal, physical, mental and sexual abuse that made my life hell. I just could not live like this anymore and finally left the marriage. This had a dramatic effect on me, my daughter, our mental health and physical stability in life.

Having no family in this country. It was a very difficult moment for me. I didn't expect to have any support, but fortunately Avinash Kaur (Case Manager). Who directed me to all the support and resources I may need. She accompanied me in the court room and referred me to WDVCS team which helped me to make the right decision. I truly would not have been able to survive that day without her guidance. The Harman foundation not only supported me with groceries but also other things like advice, guidance, most importantly they made me mentally strong. Every Monday, the women empowerment session are conducted on legal rights, immigration advice, and many more activities.

Currently I am living in a shelters house which is a safe place for me & my daughter. Because I was not financially independent and could not afford any rental house. Everyone in the Harman Foundation was so helpful, understanding & supportive. Avinash ji help me to open my bank account and triage counselling so for both of us.

Furthermore, she also lodges my Red Bross Application and offered counselling sessions from Victim support serves and applied for more counselling hours to learn my rights, boosts my self-confidence, and self-worth. Moreover, Avinash mam encouraged me to study and enrolled me in a free course of Aged care & Disability. Now a days I am practicing for my driving class to obtain NSW.

license. Also, for my daughter she put her efforts for getting enrolled in primary school. Harman Foundation has helped me in so many ways I cannot imagine my life right now without their support. Thank you for all you do. I don't think anyone would have believed me and understand the threatened that I lived under: A big thanks to Avinash Kaur and Harinder Mam.”

Komal



“I would like to share my heartfelt testimony of how the Harman Foundation has been an incredible support to me during one of the most difficult times in my life. After becoming a victim of domestic violence, I found myself in an overwhelming situation. I was unable to pay bills and rent for my previous home, which was \$800 per week. On top of that, I had no job and no means of supporting myself or covering any expenses.

Amid this, I was fortunate to be referred to the Harman Foundation through my domestic violence counsellor. The foundation stepped in and offered me a safe place to stay. They helped me find a room to live in, giving me the stability I so desperately needed. Not only that, but Harman Foundation also provided me with weekly groceries, ensuring that I had enough food to get by. I am now living in a home provided by the Harman Foundation, and I can never express enough gratitude for their unwavering support. They have truly made a life-changing difference for me, and I am so thankful for their kindness and generosity during a time when I needed it the most.”

Mamta



Empowerment Stories

“I am very grateful to Harman Foundation who supported me in my hard time as my visa got refused from home affair. At that time, I was in very critical situation and was depressed then I meet Avinash Mam in Harman Foundation who understand my situation and encouraged me. They also put an application for financial assistance that helped me a lot. They guided me about the legal aid and about my rights. I am also receiving counselling services from a counsellor at Harman foundation which has been very helpful, and I feel supported. Every week Harman Foundation connects with me to get my situation, and I hope that the Harman Foundation will continue to support me in this difficult time.”

Vijaypal



“Before coming to Harman Foundation, I had no home, no support, and no hope. From the moment I reached out, I was met with kindness and immediate assistance. The team provided me with safe accommodation, essential support, and the guidance I needed to rebuild my life.

I was facing domestic violence, isolated, and financially unstable. Harman Foundation provided stable accommodation, helped me access Centrelink and housing support, and connected me with English classes and employment services. They also ensured I had fresh food and essentials, giving me stability and dignity.

The emotional support and case management were life changing. The counselling, financial assistance, and step-by-step guidance empowered me to move forward. The practical support, including safe housing, food, and assistance with medical and legal needs, made a huge difference.

I feel stronger, safer, and more hopeful. I am regaining my independence and confidence, knowing I have the support I need to build a better future.

Absolutely. Harman Foundation provides more than just support—they offer safety, dignity, and a second chance. For anyone facing hardship, this is a place where you will be heard, supported, and given the opportunity to rebuild your life. I am deeply grateful for everything they have done for me.”

Preet



Our Partners & Sponsors



The Perera Foundation
castlegroup.com.au

We would like to extend our deepest gratitude and heartfelt thanks to Castle Group and its charitable arm, the Perera Foundation for agreeing to remain the major sponsor for HER House for another year. HER House is our refuge in Blacktown for women and their children escaping and rebuilding their lives after domestic and family violence. With Castle Group's support, we are able to keep HER House's doors open and continue providing support to those in need.



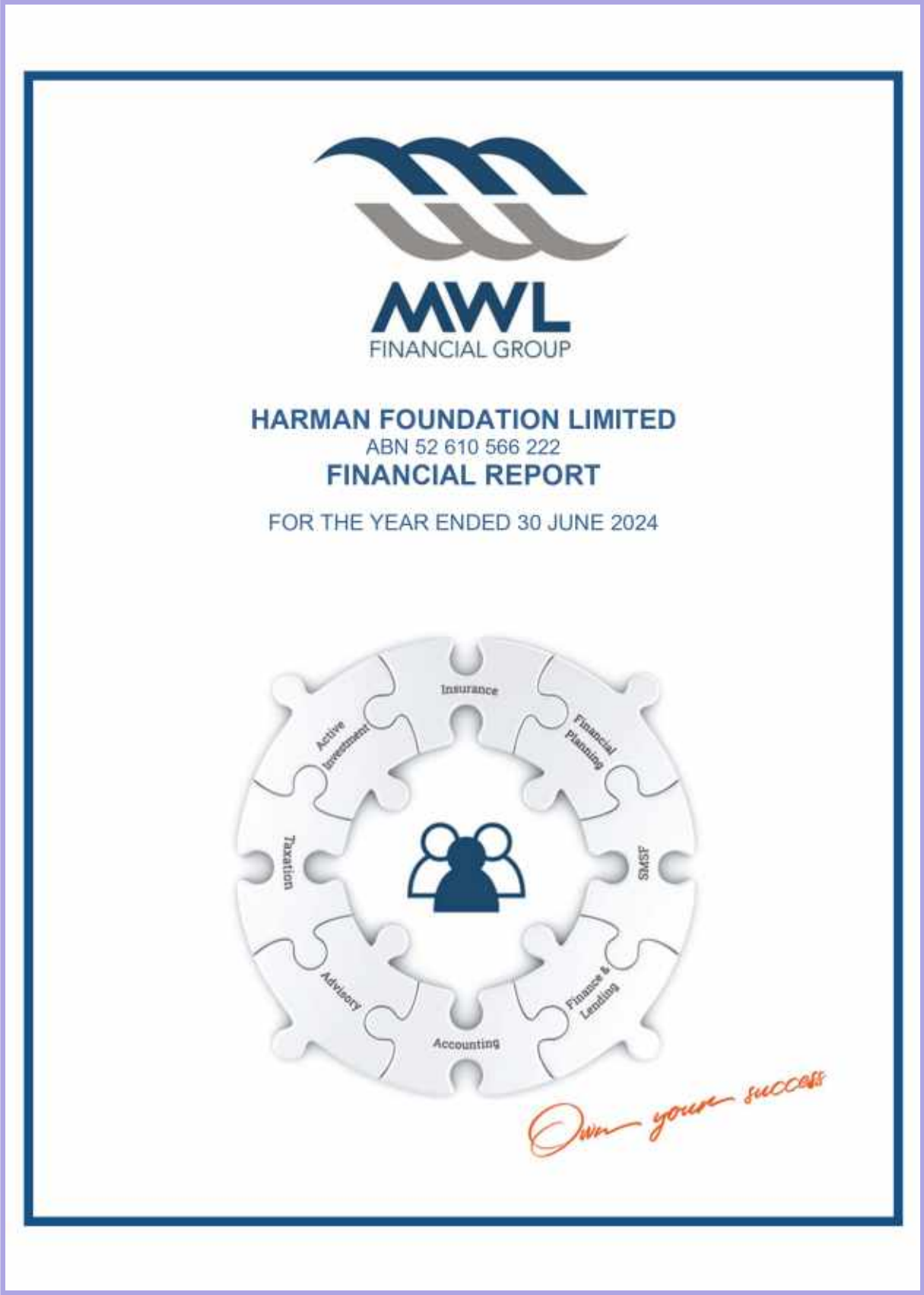
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The Financial Report



The Financial Report

HARMAN FOUNDATION LIMITED
ABN 52 610 566 222

AUDITOR'S INDEPENDENCE DECLARATION UNDER
SECTION 307C OF THE CORPORATIONS ACT 2001

TO THE DIRECTORS OF
HARMAN FOUNDATION LIMITED

I declare that, to the best of my knowledge and belief, during the year ended 30 June 2024 there have been no contraventions of:

- i. the auditor independence requirements as set out in the Corporations Act 2001 in relation to the audit; and
- ii. any applicable code of professional conduct in relation to the audit.



Shane Dailly MIPA
Public Practice Accountant
MWL Financial Group
Chatswood
Date: 3 September 2024

The Financial Report

HARMAN FOUNDATION LIMITED
ABN 52 610 566 222

DIRECTORS' REPORT

Environmental Regulation

The organisation's operations are not regulated by any significant environmental regulation under a law of the Commonwealth or of a state or territory.

ASIC Corporations Instrument 2016/784 - Audit Relief

The organisation has applied ASIC Corporations Instrument 2016/784. All the conditions of this Corporations Instrument have been complied with and therefore the financial report has not been audited.

Dividends

No dividends have been paid or declared since the start of the financial year.

Options

No options over issued shares or interests in the company were granted during or since the end of the financial year and there were no options outstanding at the date of this report.

Indemnification of Officers

No indemnities have been given or insurance premiums paid, during or since the end of the financial year, for any person who is or has been an officer or auditor of the organisation.

Proceedings on Behalf of Company

No person has applied for leave of court to bring proceedings on behalf of the company or intervene in any proceedings to which the company is a party for the purpose of taking responsibility on behalf of the company for all or part of those proceedings.

The company was not a party to any such proceedings during the year.

This directors' report is signed in accordance with a resolution of the board of directors:



Director

Maninder Singh

Date:

3-Sep-24

The Financial Report

HARMAN FOUNDATION LIMITED			
ABN 52 610 566 222			
STATEMENT OF PROFIT OR LOSS			
FOR THE YEAR ENDED 30 JUNE 2024			
	Note	2024 \$	2023 \$
Revenue	2	359,421	216,165
Employee benefits expense		(79,227)	(58,933)
Depreciation and amortisation expenses		(36,073)	(37,511)
Other expenses		<u>(155,191)</u>	<u>(158,795)</u>
Profit (loss) before income tax	3	88,930	(39,074)
Tax expense		<u>-</u>	<u>-</u>
Profit (loss) for the year		<u>88,930</u>	<u>(39,074)</u>
Profit (loss) attributable to member of the company		<u>88,930</u>	<u>(39,074)</u>

The accompanying notes form part of these financial statements.

These statements are unaudited and should be read in conjunction with the attached compilation report.

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The Financial Report

HARMAN FOUNDATION LIMITED			
ABN 52 610 566 222			
STATEMENT OF FINANCIAL POSITION			
AS AT 30 JUNE 2024			
	Note	2024 \$	2023 \$
ASSETS			
CURRENT ASSETS			
Cash and cash equivalents	4	506,496	460,054
Trade and other receivables	5	1,768	2,894
TOTAL CURRENT ASSETS		<u>508,264</u>	<u>462,948</u>
NON-CURRENT ASSETS			
Property, plant and equipment	6	159,548	115,310
TOTAL NON-CURRENT ASSETS		<u>159,548</u>	<u>115,310</u>
TOTAL ASSETS		<u><u>667,812</u></u>	<u><u>578,258</u></u>
LIABILITIES			
CURRENT LIABILITIES			
Trade and other payables	7	6,370	5,746
TOTAL CURRENT LIABILITIES		<u>6,370</u>	<u>5,746</u>
TOTAL LIABILITIES		<u><u>6,370</u></u>	<u><u>5,746</u></u>
NET ASSETS		<u><u>661,442</u></u>	<u><u>572,512</u></u>
EQUITY			
Retained earnings		<u>661,442</u>	<u>572,512</u>
TOTAL EQUITY		<u><u>661,442</u></u>	<u><u>572,512</u></u>

The accompanying notes form part of these financial statements.

These statements are unaudited and should be read in conjunction with the attached compilation report.

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The Financial Report

HARMAN FOUNDATION LIMITED			
ABN 52 610 566 222			
NOTES TO THE FINANCIAL STATEMENTS			
FOR THE YEAR ENDED 30 JUNE 2024			
		2024	2023
		\$	\$
2.	REVENUE AND OTHER INCOME		
	Other sources of revenue	(i) 359,421	216,165
	(i) Other sources of revenue		
	Rendering of services	359,421	216,165
3.	PROFIT (LOSS) FOR THE YEAR		
	Profit (loss) from continuing operations includes the following specific expenses:		
	Expenses:		
	Employee benefits expense:		
	Superannuation contributions - employees	8,045	5,621
4.	CASH AND CASH EQUIVALENTS		
	Rental Bond	1,800	1,800
	CBA Bank #5735	443,390	431,375
	HER House #2111	1,205	1,827
	Nepean Blue Mountain #2138	1	2
	NAB HF - 1838	100	50
	IMB Bank	60,000	25,000
		506,496	460,054
5.	TRADE AND OTHER RECEIVABLES		
	CURRENT		
	Good and services tax	1,768	2,894
6.	PROPERTY, PLANT AND EQUIPMENT		
	Plant and equipment - Her House	7,769	7,769
	Less accumulated depreciation	(5,734)	(5,225)
		2,035	2,544
	Computer Equipment	42,554	31,648
	Less accumulated depreciation	(28,617)	(24,618)
		13,937	7,030
	Motor vehicles & Coffee Machine	158,697	89,293
	Less accumulated depreciation	(59,262)	(38,734)
		99,435	50,559
These notes are unaudited and should be read in conjunction with the attached compilation report.			
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The Financial Report

HARMAN FOUNDATION LIMITED
ABN 52 610 566 222

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2024

	2024 \$	2023 \$
Office furniture and equipment	73,582	73,582
Less accumulated depreciation	(29,441)	(18,405)
	<u>44,141</u>	<u>55,177</u>
Total property, plant and equipment	<u>159,548</u>	<u>115,310</u>

(a) Movements in carrying amounts
For disclosure on movement in carrying amounts please refer to note 10(a) at the end of this financial report.

7. **TRADE AND OTHER PAYABLES**

CURRENT		
Withholding taxes payable	4,214	4,164
Superannuation payable	<u>2,156</u>	<u>1,582</u>
	<u>6,370</u>	<u>5,746</u>

These notes are unaudited and should be read in conjunction with the attached compilation report.

The Financial Report

HARMAN FOUNDATION LIMITED
ABN 52 610 566 222

DIRECTORS' DECLARATION

In accordance with a resolution of the directors of Harman Foundation Limited, the directors of the company declare that:

- 1. The financial statements and notes, as set out on pages 6 to 12 are in accordance with the Corporations Act 2001: and
 - a. comply with Australian Accounting Standards, which, as stated in accounting policy Note 1 to the financial statements, constitutes compliance with International Financial Reporting Standards; and
 - b. give a true and fair view of the financial position as at 30 June 2024 and of the performance for the year ended on that date of the company.
- 2. In the directors' opinion there are reasonable grounds to believe that the company will be able to pay its debts as and when they become due and payable.

Director


Maninder Singh

Director


Harinder Kaur

Date:

4/9/2024

The Financial Report

HARMAN FOUNDATION LIMITED
ABN 52 610 566 222

**INDEPENDENT AUDITOR'S REPORT
TO THE MEMBER OF
HARMAN FOUNDATION LIMITED**

Report on the Audit of the Financial Report

Opinion

We have audited the financial report of Harman Foundation Limited (the company), which comprises the statement of financial position as at 30 June 2024, the statement of profit or loss, statement of changes in equity and statement of cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies, and the directors' declaration.

In our opinion, the accompanying financial report of Harman Foundation Limited is in accordance with the Corporations Act 2001, including:

- (i) giving a true and fair view of the company's financial position as at 30 June 2024 and of its financial performance for the year then ended; and
- (ii) complying with Australian Accounting Standards and the Corporations Regulations 2001.

Basis for Opinion

We conducted our audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Report section of our report. We are independent of the company in accordance with the auditor independence requirements of the Corporations Act 2001 and the ethical requirements of the Accounting Professional and Ethical Standards Board's APES 110: Code of Ethics for Professional Accountants (including Independence Standards) (the Code) that are relevant to our audit of the financial report in Australia. We have also fulfilled our other ethical responsibilities in accordance with the Code.

We confirm that the independence declaration required by the Corporations Act 2001, which has been given to the directors of the company, would be in the same terms if given to the directors as at the time of this auditor's report.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Information Other than the Financial Report and Auditor's Report Thereon

The directors of the company are responsible for the other information. The other information comprises the information included in the company's annual report for the year ended 30 June 2024, but does not include the financial report and our auditor's report thereon. Our opinion on the financial report does not cover the other information and accordingly we do not express any form of assurance conclusion thereon. In connection with our audit of the financial report, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial report or our knowledge obtained in the audit or otherwise appears to be materially misstated. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Responsibilities of the Directors for the Financial Report

The directors of the company are responsible for the preparation of the financial report that gives a true and fair view in accordance with Australian Accounting Standards and the financial reporting requirements of the company's constitution and for such internal control as the directors determine is necessary to enable the preparation of the financial report that gives a true and fair view and is free from material misstatement, whether due to fraud or error.

The Financial Report

HARMAN FOUNDATION LIMITED
ABN 52 610 566 222

**INDEPENDENT AUDITOR'S REPORT
TO THE MEMBER OF
HARMAN FOUNDATION LIMITED**

In preparing the financial report, the directors are responsible for assessing the company's ability to continue as a going concern, disclosing, as applicable, matters relating to going concern and using the going concern basis of accounting unless the directors either intend to liquidate the company or to cease operations, or have no realistic alternative but to do so.

Auditor's Responsibility for the Audit of the Financial Report

Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with the Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of this financial report.

As part of an audit in accordance with the Australian Auditing Standards, we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial report, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the company's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the directors.
- Conclude on the appropriateness of the directors' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial report or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the company to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial report, including the disclosures, and whether the financial report represents the underlying transactions and events in a manner that achieves fair presentation.

The Financial Report

HARMAN FOUNDATION LIMITED
ABN 52 610 566 222

INDEPENDENT AUDITOR'S REPORT
TO THE MEMBER OF
HARMAN FOUNDATION LIMITED

We communicate with the directors regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Shane Dailly
Public Practising Accountant



Shane Dailly MIPA
MWL Financial Group
Chatswood



2024



Thank You

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NSW 2148, Australia

☎ 1800 116 675

✉ contactus@harmanfoundation.org.au

www.harmanfoundation.org.au